OAKBAYTOURISM.COM - ITINERARY 4

Fine Food Finds in Oak Bay



There are so many things to try when you visit Oak Bay, including the culinary offerings. Here are a few delicious locales you should treat yourself to next time you're visiting.

The Coffee Stop: Before you get your tastebuds working, we recommend **Hide** + **Seek (1)**, a fan favourite for third wave coffee found on the main Avenue. Enjoy the shop's rotating selection of top-notch beans. Be sure to check out their website for cool programming like Waffle Sundays.

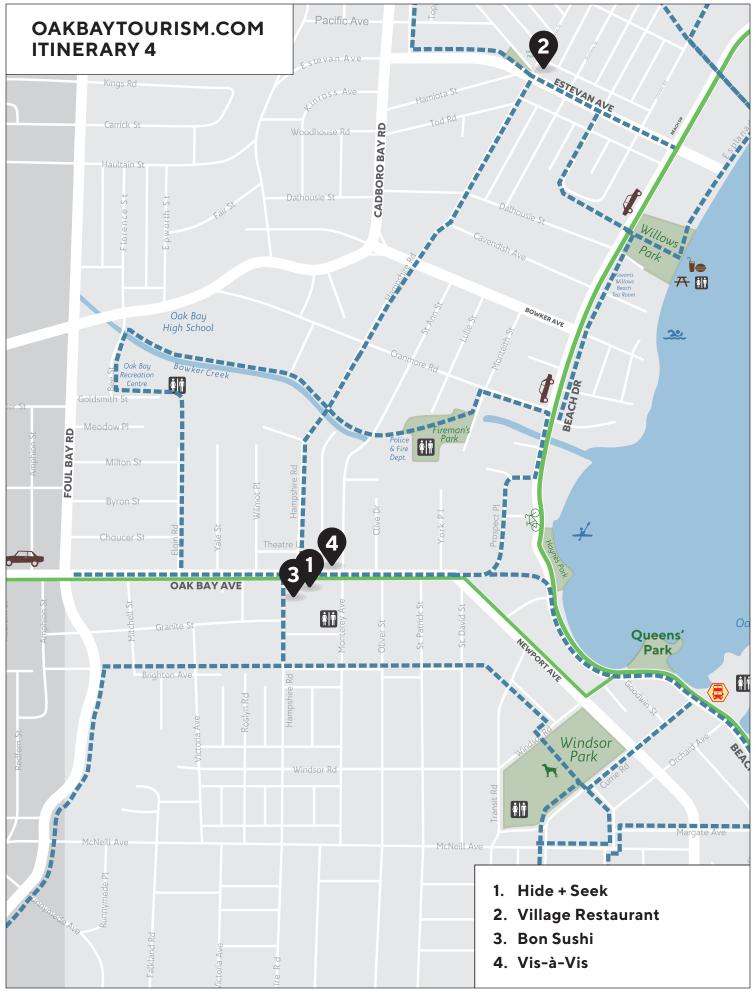
The Breakfast Stop: Head to the **Village Restaurant (2)**, located in Estevan Village when you're ready for brunch. Omelettes, Eggs Benny, breakfast cocktails piled high with garnishes and burgers are all available. Healthier fare including colourful salads and dishes like the SHAK are also worth a try.

The Sushi Stop: When the craving for sushi hits, the small Japanese restaurant **Bon Sushi (3)** can be found right off the main avenue. Popular with the locals, this classic spot has everything you need for a proper feast. Enjoy hand cones, bento boxes, rice bowls and an assortment of rolls.

The French Cuisine Stop: You will fall in love with **Vis-à-Vis (4)**, a French-inspired restaurant and another resident favourite. We recommend heading here to enjoy the sun on the patio in the afternoon (something you can do just about all year). Alternatively, sit at the bar top and enjoy local craft beer, an excellent wine list and interesting cocktails. Indulge in Island harvested oysters, prawn cocktail or a charcuterie board made with in-house veggies, spreads and locally raised meats.

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